

Health Improvement Training - Contract

Position Statement

The Health Improvement Training Programme aims to support practitioners in Fife with the health improvement agenda and support the requirements of Fife's Health & Wellbeing Plan 2015. The training programme is developed, organised and delivered by the Health Improvement Training Team (HITT), Health Promotion Fife, in collaboration with partner organisations throughout Fife. We strive for health improvement training in Fife to be sustainable and this is achieved by sharing resources, skills, knowledge and expertise between organisations.

Currently we have pools of trainers for several regular courses, comprised of individuals from across NHS Fife, Fife Council, the Voluntary sector and other Community Planning Partner organisations. Achieving this level of collaboration has made a significant impact on the health improvement training available in Fife. Course evaluations indicate that the partnership approach is highly valued and the specific skills, knowledge and experience that the various partners bring are greatly appreciated.

The Health Improvement Training Team does not make financial payments to those who contribute their time and expertise to the running of these courses, but they can offer support with administrative arrangements. This includes; the sourcing of appropriate venues, compiling course materials, advertising courses and liaising with participants. In addition to this, we arrange Health Improvement Training Network events, offering all trainers the opportunity to share experience and develop skills. Those who currently contribute to the health improvement training programme feel that it enables them to fulfil their health improvement remit, contribute to the development of the wider workforce, develop experience, specialist skills and expertise and raise the profile of their organisation and the work that they do.

Occasionally we do commission freelancers to deliver training courses, but this only occurs when a gap exists in that particular training resource within Fife's community planning partner organisations. Our aim is for health improvement training in Fife to be self sustaining and therefore future use of freelancers will be minimal.

Training participants come from a wide range of organisations from all sectors of the workforce in Fife. We aim to continue to offer our training as widely as possible and free of charge to enable practitioners from all organisations to benefit. Participants also report that they enjoy the opportunities to network, share ideas and local information that this allows.

Regular audits of the health improvement training programme are collated which enable a clear picture of the accessibility of and demand for health improvement training courses across Fife to be produced.

Making Groupwork More Effective & Developing Facilitation Skills

It is essential that Groupwork trainers attend all 3 training for trainers' days as well as the follow up day which will be scheduled roughly 6 months later. Trainers are expected to deliver one course in the first 6 months, followed by a minimum of 2 courses each year.

The Health Improvement Training Team will carry out all organisation and administration of future Groupwork & Facilitation Skills courses delivered through the training programme. Each course is to be evaluated and trainers must return completed evaluation and registration forms to the Health Improvement Training Team. Bi-annual meetings will be held to discuss any issues regarding course organisation, administration or delivery and to make further plans for delivering the course. It is expected that trainers will be able to attend these. Further input and support from the original course authors will be arranged as required.

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For further clarification, or for more information, please contact Evelyn Wilson, Senior Health Promotion Officer – Training or Kelly Smith, Mental Health Training Coordinator.

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